

July 2008

# 4th of July Parade & BBQ

## ***Free Admission!***

Gather at Valle Verde Elementary @ 11:15 AM, Parade @ 11:30 AM. BBQ from 12 PM to 2 PM. Games will be from 1 PM to 3 PM. Decorate your scooters, bikes, go carts or floats. Roller skate, walk or ride in the annual 4th of July Parade. The parade starts at Valle Verde and ends up at the cabana club for an old fashioned family BBQ with swimming and games!

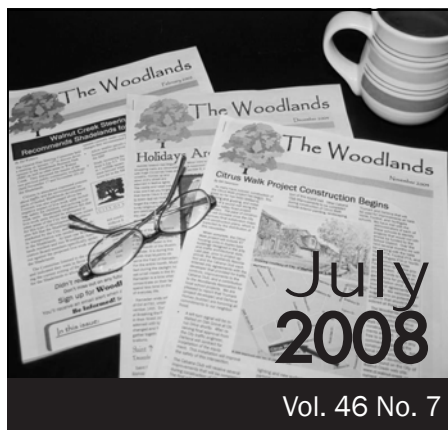
All Woodlands Residents, Family and Friends welcome.

\$6 Meal Includes: Hamburger/Hot Dog, Chips, Drink & Cookie

“Free Admission” Volunteers Still Needed!

Contact Paul Sibley 925-287-9790 or [psibley@astound.net](mailto:psibley@astound.net)  
*See you there!!*





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Established in 1965, the *Woodlands Newsletter* is a monthly publication that is published by the Woodlands Association. Archived issues are located at [www.WoodlandsAssn.org](http://www.WoodlandsAssn.org)

**Newsletter Advertising:**  
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<http://www.woodlandsassn.org/boardmembers.htm>

Woodlands Association  
 P.O. Box 31085  
 Walnut Creek, CA 94598

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 (925) 256-6444

# Tell Us How We're Doing

Last month, we included an article describing the purpose of the Woodlands Newsletter, and how it has evolved during the past several years. We are interested in your opinions and ideas on how to improve our communications and better meet your needs. Over the past year, we have received several some suggestions on how topics we should cover and ways to reduce the size of the newsletter by relying more on web publishing. We want the newsletter to be a community resource that is used by our residents and we encourage your feedback, either positive or negative, on how we can continue to make it better. Please send any comments to us at [woodlandsassn@yahoo.com](mailto:woodlandsassn@yahoo.com).



## Election Update

Earlier this year, we ran articles about the Secretary Board position opening, and solicited candidates for a two-year term that begins July 1, 2008. We are pleased to announce that Elsie Witt will continue as the Woodlands Association Secretary for another term. Elsie has been serving as Secretary for several years, and we are greatly appreciative of her diligence and accurate records keeping. Please thank Elsie for her excellent service to our neighborhood when you see her.



## Woodlands Association Board of Directors

Vacant ~ *President*  
 Bill Swanson ~ *Vice President*  
 Ed Wohlers ~ *Treasurer*  
 Elsie Witt ~ *Secretary*  
 Marc Graves ~ *Newsletter Advertising*  
 John Gregory ~ *Webmaster*  
 Vacant ~ *Newsletter Coordinator*

Kay Ready ~ *Newsletter Distribution Manager*

Board email ID's can be found at [www.WoodlandsAssn.org](http://www.WoodlandsAssn.org)

## Upcoming Board Meetings

Saturday, July 12th  
 at 4:30 pm  
 and  
 Saturday, August 2nd  
 at 8:15 am  
 in Carl's Jr.  
 Conference Room

Woodlands residents are encouraged to attend board meetings

# Water Conservation

Contra Costa Water District is asking its customers to renew their water conservation efforts again this summer.

This year's spring was among the driest on record, ensuring tight water supplies throughout California.

Contra Costa Water District can help residential and business customers conserve. They have rebates for new clothes washers and high-efficiency toilets. Experts from the Contra Costa Water District can come to your home or office and show you how to save water immediately. They also have all kinds of tips for saving water in the yard and garden, where water use is the highest for most homes. For more information you can either go to <http://www.ccwater.com/conserve/index.asp> or call the Contra Costa Water District at (925) 688-8320.

The following are some practical steps to improve your home water efficiency. Contact the Contra Costa Water District to find out about additional rebates and incentives.

- 1. Older toilets** – Replace older toilets with WaterSmart High-Efficiency Toilets (HET), which flush at 1.3 gallons per flush (gpf) or less. These toilets have been tested for water savings reliability and flush performance, thus using less water and removing waste effectively.
- 2. Toilet Devices** - For toilets using 3.5 gpf or more, install toilet devices such as displacement bags, toilet dams, or adjustable flappers to save water each time the toilet is flushed. Displacement devices are less expensive alternative to replacing your toilet.
- 3. Showerheads** - Install a water efficient showerhead that uses no more than 2.5 gallons of water per minute. That's plenty of water for a refreshing, cleansing shower. A standard shower head uses five to ten gallons of water per minute. Taking a short shower using a water-efficient showerhead can save water and money.
- 4. Aerators** - Low-flow aerators on your kitchen and bathroom faucets are easy to install and reduce water use. A flow rate of 2.2 gallons per minute is recommended for kitchen faucets and 1.5 gallons per minute for bathroom faucets.
- 5. Clothes washers** - A high-efficiency machine uses less water, energy, and detergent, and clean clothes better than conventional models. These models typically use about 30% less water and between 40 to 70% less energy.

# School News

Source: Foothill e-Gazette 6/04/08

## Fall Registration

Foothill’s registration packet will be available on line by mid July. In this packet you will be able to complete some of the forms on line and others you can print out to bring with you on August 19<sup>th</sup>.

All students must be accompanied by a parent or guardian on Registration Day.

Students will be able to pick up their schedules, have their pictures taken for permanent I.D. cards, pick up temporary I.D. cards, purchase P.E. clothes, yearbooks and pay for class fees.

Please bring the following items:

*Completed* Student Emergency Card, Dance Permission Slips, Locker Contracts

### 6<sup>th</sup> Graders

Meet in the  
Multi-Use Room  
for Orientation  
M-Z 8:00 am  
A-L 10:00 am

### 7<sup>th</sup> Graders

1:30 - 2:00 T - Z  
2:00 - 2:30 N - S  
2:30 - 3:00 H - M  
3:00 - 3:30 A - G  
\*times are suggested

### 8<sup>th</sup> Graders

3:30 - 4:00 T - Z  
4:00 - 4:30 N - S  
4:30 - 5:00 H - M  
5:00 - 5:30 A - G

We will be open until 6:30 p.m. for families unable to come during the day.

## From the Library

Many thanks for your support of our Scholastic Book Fair last week. The Library made a profit of a little over \$2200 which will be useful in purchasing library materials. Thank you, too, in supporting the Teachers’ Classroom Wish List. Receiving this help for the classroom and your thoughts of the teacher are certainly appreciated by the staff.

All books are due back to the Library by May 30 so that we can begin our inventory. If there are library books at home that have not been returned, please send them to school or leave them off at the office. The Library will be open through the last day of school for students to use.

A special thank you for all the support that you have given me for the Library. I wanted to let you know that I will be retiring after 10 years at Foothill. This has been a wonderful experience, both with students and parents, and it is very hard to let go. You have allowed me to expand the library by adding 12 units of shelving and expand our collection so that it is truly one of the best in the District, provided 17 computers for student use, given us the latest audio visual equipment, and you have kept our library open during the time that our hours were cut by some 30%. Many, many thanks for making Foothill such a wonderful place to be!

*continued on page 5*

continued from page 4

# School News

## Sports Activities

Keep up to date with Griffin Sports by visiting the sports page on the Foothill PFA website <http://www.mdusd.k12.ca.us/foothill/staff/pfa/Sports.htm>.



### Girls Basketball- In-coming Northgate Freshman

If you are planning to play Northgate Freshman Basketball next year, you should check out the Northgate Summer program offered by the Cal Stars Basketball program. We will have a summer team and need a few more players to join in the fun. Practices start the first week of June. Games start June 20th at St Mary's College. Email [Coach Dan Middleton](mailto:Coach Dan Middleton) (708-7939) and check the web site [www.calstars.org](http://www.calstars.org).

### Boys Baseball

Get acclimated with Northgate High School Baseball Summer Baseball Camps for ages 13-15 and 7-12, Go to <http://www.northgatebroncos.org/TEAMS/SpringTeams/Baseball/VarsityBaseball/BaseballNews/SummerCamps/tabid/4664/Default.aspx> for more information.



### Boys Football

Meeting for all boys interested in playing Northgate Football as a Freshman next year on Friday, June 6 at 2:30 in the 6<sup>th</sup> at 2:30pm in the multi-use room at Foothill.

## Athletic Activity Clearance for Sports at Northgate

The School District is part of the California Interscholastic Federation and as a condition of membership students are required to receive an annual physical examination conducted by a doctor certifying that the student is physically fit to participate in athletics. The physical examination must be completed before a student can try out, practice or participate in interscholastic athletic competition. The report of the examination must be done on the MDUSD form called ATHLETIC ACTIVITY CLEARANCE. This form is available on the district website. There are two options for accessing the form.

1. [www.mdusd.k12.ca.us](http://www.mdusd.k12.ca.us) and then Departments, Office of the General Counsel, Forms, Athletic Activity Clearance
2. Or <http://www.mdusd.k12.ca.us/ogc/forms.php> and click on the Athletic Clearance Form

The form states that physicals must be taken after July 1 prior to the start of the new school year. This date was chosen in an attempt to standardize the time of year when the physical is taken so that a student will be covered regardless of when he/she participates in sports and so that a coach will not have to worry about checking and making sure that a student meets the necessary requirements every time a new sport begins.

This requirement becomes effective for the 2008-09 school year.

continued on page 6

## Northgate Cheer Squad

**Musical Theatre Summer Camp** - July 14 - August 9, 9-3pm, M-F

Location: St. Matthew Church (399 Wiget Lane, WC) and DVC Performing Arts Centre

**Want to learn more about** - singing, acting and dancing with performance of **THE WIZ** the last weekend of camp? Join the Performance Track.

**Interested in behind the scenes THEATRE** - learn about sound, lights, costumes, sets, be part of the stage crew - Join the Tech Track



Only a few spots left. Go to: [www.ccchristiantheatre.org/](http://www.ccchristiantheatre.org/) to find out more information.

## Parent Education

MT. DIABLO ADULT EDUCATION - A Division of Mt. Diablo Unified School District

Effective Parenting Techniques  
POWER PARENTING SERIES  
COURSE #97520069

### July 9 Cyberbullying

Technology has provided a new means for kids to bully each other. Cyberbullying occurs when someone uses the Internet, cell phones, or other electronic devices to purposely hurt, embarrass, threaten, intimidate or harass another person. Increase your awareness about this growing trend and learn how you can protect your child.

### July 16 Building Self Esteem In Your Child

Learn easy and effective ways to enhance self-esteem in your children through positive communication and discipline.

### July 23 Frustration, Yours and Theirs

Learn what feeds parental frustration and how to cope in a healthy and productive way. Help your children deal with their frustrations and avoid escalating into anger.

WEDNESDAYS, 7:00-9:00 p.m.  
Instructor: Karen Lingenfelter

Loma Vista Adult Center  
1266 San Carlos Ave., Concord  
Room B-1  
Cost: \$10 per session or \$25.00 for all 3 classes  
Course #97520069

For more information regarding registration, call the Parent Education Program at 925.685.7340 ext. #2771



# WOODLANDS CRIME REPORT

*Thank you to John Gregory  
for compiling this report from the WCPD website*

08-10193 05/02/08 07:28:43 600 BI Teak Ct Reports 10851 Of His Bge Merz 300 4d Lic @3bny749/. All Keys Accounted For. Nobody Else Has Permission To Drive. Occrd Btwn 2200-0700.. Dispo: Stolen Veh Reported. Auto Theft 3 80 Sadler

08-10199 05/02/08 09:09:28 3300 BI Citrus Av Reports 20002 To 04 Gry Mazda Tribute @6clu337/ Occrd 2100-2130 Last Night. Dmg To Pass Side.. Dispo: Hit And Run. Hit And Run 3 80 Harman

08-10294 05/03/08 10:27:19 Sitka Dr / Sugarberry Ln Reports Susp Subjs And Vehs:Moving Van & Sil Vw @6bki884/Veh Was Parked In The Driveway At A Resd On Sitka, Then Moved To Another Driveway At The Corner Of Sitka/Sugarberry \*\*\*\*Area Check Only\*\*\*. Dispo: Area Check. Vehicles Goa/Utl. Susp. Circumstance 3 80 Sadler

08-10556 05/06/08 15:21:57 Citrus Av / Oak Grove Rd Reports A Bicyclist Was Hit By A Car. The Bicyclist Is Up And Talking With The Driver Of The Car Who Hit Him. Susp Veh Desc: Blk Sedan. Rp Cannot See The License Plate.. Dispo: Info Exchanged Miscellaneous Traffic 3 70 Donleavy

08-10609 05/07/08 07:49:19 100 BI Rock Oak Ct Reports Susp Blu Ford Explorer @5lil247/ Not Occp. Parked There Since 0630.. Dispo: Checked Veh. Not Rept Stolen Susp. Circumstance 3 80 Norlund

08-10629 05/07/08 12:03:34 3300 BI Citrus Av Reports Suspicious Whi Van Occup By Wma Parked Ifo Rp's Home. Also Wma Plaid Shirt Unk Type Pants Walking Around Acting Strange. Rp Feels Uncomfortable Going Home. \*\* Rp Parked 1 Blk Away In Sil Toyt \*\*. Dispo: Determined Two Gardeners Taking Lunch In The Shade Of The R/P's Tree. Service To Citizen 3 80 Rebello

08-10735 05/08/08 14:18:47 3500 BI Tupelo Dr Requests Area Check For 2 Bma's Soliciting In The Area. Late Teens Or Early 20's. They Could Not Provide Permit When Asked And Rp Confirmed No Permit Obtained Through Our Permit Division.. Dispo: Area Check Was Negative For Subjects. Service To Citizen 3 80 Rebello

08-10851 05/09/08 21:40:36 3200 BI Peachwillow Ln Reports Juvs In The Playground After Hours.. Dispo: Area Check Negative. Service To Citizen 3 80 #Value!

08-10908 05/10/08 14:38:09 200 BI Hamlin Lp Welfare Check(Redacted 01). Dispo: Rp Called Back And Stated Her Friend Called Her And All Was Fine, Prior To Ofcs Being Dispatched. Welfare Check 3 61 –

# Want Ads

## SERVICES

### MCS Painting and Design

[www.mclovekraft.com](http://www.mclovekraft.com)

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- Please call Mike Staples for more information or any questions you may have. 925-300-6586

### BELFAST PLUMBING

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References Please Call **Paul Fleck 676-6607**



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# *Want to Sell Something? Use us!*

## **Advertise With Us!**

To Advertise in the Woodlands Newsletter,

Contact **Marc Graves 925-336-6272** or **Woodlandsassn@yahoo.com**

MARC

### **Advertising Rates & Sizes**

Please note: the actual sizes below allow for binding/bleed space. Size = height x width in inches

**Full Page – 10 x 7.5 - \$80/month**

**½ Page – 5 x 7.5 - \$45/month**

**¼ Page – 5 x 3.5 - \$25/month**

**¼ Page on back cover - \$45/month**

**1/8 Page – 2.5 x 3.5 - \$15/month**

Want Ads - line ad with 30 words or less:

\$5 Woodlands Residents, \$13 Non-Residents

### **Next Advertising Deadline**

**Please submit all ads and  
payments for the next issue by**

**July 15, 2008**

### **Submission Guidelines**

- Please submit your ad in the actual size/dimensions listed above.
- Ad should be formatted with any artwork you want included at the time of submittal.
- If your ad needs layout/design or artwork, there is an additional \$10 design fee.
- We love DIGITAL FILES! If you can provide a digital file of your ad, please email it to Woodlandsassn@yahoo.com. We accept PDF, Microsoft Publisher, and MS Word documents.
- If you only have a paper copy of your ad, please mail it and the payment to:  
Woodlands Association, PO Box 31085, Walnut Creek, CA 94598
- Payment is due when you submit your ad. Please make checks payable to “**Woodlands Association**” and mail to:  
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## ***New California Cellular Phone Usage Law***

### ***Drivers 18 or older***

are prohibited from driving a motor vehicle while using a wireless telephone unless a hands-free device is used.

### ***Exceptions:***

Emergency situations, for example: calls to law enforcement, health care provider, fire department, etc.

- emergency service providers operating an authorized emergency vehicle during the course of employment.
- while operating a vehicle on private property.
- a person operating a commercial motor truck or truck tractor (excluding pickups), implements of husbandry, farm vehicle, school bus, transit vehicle, or tow truck, if using a two-way radio operated by a "push-to-talk" feature that does not require the device to be close to the ear.

### ***Minors (under 18 years of age)***

Are prohibited from driving a motor vehicle while using a wireless telephone, including a hands-free device, and/or a mobile service device (pagers, testing devices, laptops, etc).

### ***Exceptions:***

- Emergency situations, for example: calls to law enforcement, health care provider, fire department, etc
- While operating a vehicle on private property.

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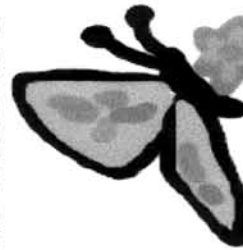
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Lafayette, CA 94549-3815  
Registration #58172AA

**CALL FOR LICENSED CONTRACTOR OR HANDYMAN**



**TERMITE WORK**

- All necessary work to obtain a clearance

**ELECTRICAL**

- Bathroom and Kitchen Fans
- Wiring
- Fixture Replacement

**PLUMBING**

- Repair or Replacement of Broken Pipes
- Repair of Leaking Pipes
- New Installations
- Repair Replacement of Washer, Faucets, Commodes, Wax Rings • Water Heaters

**PAINTING**

- Exterior - Interior
- Spot Painting After Repairs
- Wall & Ceiling texturing

**GUTTER WORK**

- Clean out Gutters • Installation of gutter screens

**CARPENTRY & DRYWALL**

- Installation of Doors, Locks
- Repair Stucco - Drywall
- Brickwork
- Odds and Ends

**TILE WORK**

- New Tile Installation
- Seal and Grout Existing Tile

*If you need a service not mentioned above, just call us. Prices will be quoted by the job.*